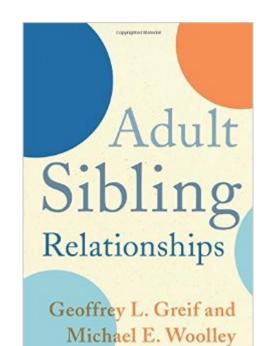


## **Adult Sibling Relationships**





## Synopsis

The bond siblings develop in childhood may be vastly different from the relationship that evolves in adulthood. Driven by affection but also characterized by ambivalence and ambiguity, adult sibling relationships can become hurtful, uncertain, competitive, or exhausting though the undercurrents of love and loyalty remain. An approach that recognizes the positive aspects of the changing sibling relationship, as well as those that need improvement, can restore healthy ties and rebuild family closeness. With in-depth case studies of more than 260 siblings over the age of forty and interviews with experts on mental health and family interaction, this book offers vital direction for traversing the emotional terrain of adult sibling relations. It pursues a richer understanding of ambivalence, a normal though little explored feeling among siblings, and how ambiguity about the past or present can lead to miscommunication and estrangement. For both professionals and general readers, this book clarifies the most confounding elements of sibling relationships and provides specific suggestions for realizing new, productive avenues of friendship in middle and later lifeâ •skills that are particularly important for siblings who must cooperate to care for aging parents or give immediate emotional or financial support to other siblings or family members.

## **Book Information**

Paperback: 328 pages Publisher: Columbia University Press (December 8, 2015) Language: English ISBN-10: 023116517X ISBN-13: 978-0231165174 Product Dimensions: 5.9 x 0.6 x 8.9 inches Shipping Weight: 12.6 ounces (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars Â See all reviews (3 customer reviews) Best Sellers Rank: #582,194 in Books (See Top 100 in Books) #191 in Books > Parenting & Relationships > Family Relationships > Siblings #896 in Books > Politics & Social Sciences > Sociology > Marriage & Family #1581 in Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling

## Customer Reviews

For decades, Dr. Geoffrey Greif has written and co-authored some of the most well-written, accessible, and valuable books on subjects including single male parents, relationships between divorced spouses, the dynamics and types of friendships among males, and the surprising complexity of relationships between couples and other couples. His books are important contributions to scholarship, and to family and individual mental health practitioners, but are also fascinating reads for the layperson. This may be his most interesting, and is certainly among his most valuable books, facilitated by the creative and crucial studies by Professor Woolley. The lessons and advice here can benefit siblings of any age---e.g., "how ambiguity about the past or the present may lead to miscommunication and distancing", and "siblings may have to let go of past slights, injustices, favoritism, and hurts in order to build a relationship." The Case Studies were very useful, and I found other chapters--- on the perceived impact of parents, and when sibling relationships are in serious trouble, as well as the final chapter on looking forward to fostering better sibling relationships, particularly valuable.

I have enjoyed reading this book; it is insightful and has given me much information about why my sibs and I relate to each other and in the world the way we do. I am one who likes to know how birth order and family for origin issues affect us in the world and with each other. This book is one I can recommend to help provide a useful perspective.

Great read on a topic not many write about! Look forward to more from these authors.

Sibling Revelry: 8 Steps to Successful Adult Sibling Relationships Why Can't We Get Along?: Healing Adult Sibling Relationships Adult Sibling Relationships SURVIVING THE DEATH OF A SIBLING: Living Through Grief When an Adult Brother or Sister Dies Adult Coloring Book: De-Stress: Adult Coloring Books (The Peaceful Adult Coloring Book Series) Adult Romance: Adult Bedtime Short Stories - Sultry XXX Romantic Billionaire Romance, Mail Order Bride Historical Romance, Western, Alpha Male Love, New Adult, Victorian Romance, Bedtime Anthology The Big Sibling Book: Baby's First Year According to ME "Mom, Jason's Breathing on Me!": The Solution to Sibling Bickering Polyamory: The Practical Dater's Guide to the Pursuit and Maintenance of Open Relationships \*\*FREE BONUS BOOK\*\* (Polyamory, Polyamorous, Relationship, ... Polyamory Dating, Open Relationships) The Karma Queens' Guide to Relationships: The Truth About Karma in Relationships Book's Help For Parents With Adult Children: Hope and Healing for Extended Family Relationships Pokemon Go... F-ck Yourself! (The Adult Coloring Book): The Pokemon Go Adult Coloring Books full of Swear Words and Pokemon Talking So Much Trash ... Books & Swear Word Coloring Books) (Volume 1) Nurse Life: A Snarky Adult Coloring Book: A Unique Humorous Adult Coloring Book For Nurses & Nursing Students With Funny Quotes, Hand Lettering Word ... Relaxation Stress Relief & Art Color Therapy) Mom Life: A Snarky Adult Coloring Book: A Unique Humorous Adult Coloring Book For A New Mom, Mommy & Mom To Be With Funny Hand Lettering, Cute Quotes, ... Relaxation Stress Relief & Art Color Therapy) Adult Swear Word Coloring Book : Fuck You & Other Irreverent Notes To Annoying People: 40 Sweary Rude Curse Word Coloring Pages To Calm You The F\*ck Down (Adult Swear Word Coloring Books) (Volume 1) Sugar Skulls Shits: A Swear Word Adult Coloring Book: Adult Swear Word Coloring Book for Stress Relief and Funny Phrases The Demotivational Book: Just F\*cking Color - Part 2 - The Adult Book of Hidden Swear Words, Curse Words & Demotivational Thoughts! (Adult Books, Swear ... your anger) (Shut the F\*ck Up and Color 6) Angry Greeting Cards: Swear Word Adult Greeting Cards You Can Make Yourself (Adult Greeting Cards & Swear Word Greeting Cards Book 1) #Love: #Love is Book #1 in the Adult Book Series Celebrating Love and Friendship (#Love, #Pretty, #Beautiful, #Beauty, #Me) (#Coloring #Book Series of Adult Coloring Books) Color to Release Your Anger (BLACK & WHITE Special Edition): The SPECIAL EDITION Adult Book with 80+ Intense 3D Swear Word Book Pages (Adult Books, Books ... Swear Word Books) (Just F\*cking Color 4)

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